

## RUM TODDY

### INGREDIENTS

- 3 ounces dark rum
- 4 tablespoons honey
- 3 tablespoons fresh lemon juice
- A piece of lemon rind
- 1 dash of freshly grated nutmeg
- 1 cinnamon stick
- 6 - 8 ounces boiling water

To a large heavy duty cup or glass, add rum, honey, lemon juice, lemon rind, and nutmeg.  
Stand cinnamon stick upright in the cup.

Pour the boiling water and stir well to blend.

Adjust honey to suit your sweetness and adjust lemon juice to suit your taste.

Sip slowly and enjoy.