

TWELVE-MONTHS-A-YEAR PARSLEY SALAD

INGREDIENTS

SERVES 4

- 1 bunch scallions, thinly sliced
- Juice of 1 lemon
- Generous pinch of sea salt
- 1 persimmon, mango, or apple, peeled, cored, and diced
- 1 avocado, peeled, pitted, and diced into cubes
- 1 small piece salami, diced
- 2 bunches fresh flat-leaf or curly parsley, chopped
- 2 ounces blue cheese, crumbled

In a medium bowl, macerate the scallions with the lemon juice and salt while arranging the rest of your salad. Add your choice of seasonal fruit. Add the avocado (so loaded with health benefits that we believe everyone should eat 1 avocado every day!) Next, in goes the salami (it might seem like an odd salad addition but it really gives this salad its kick) and parsley. Top with the cheeses.

**NOTE: Don't grab the first blue cheese you see. Some are more than \$30 per pound, others that will be just as delicious in this salad can be as little as \$4.99. We always advocate using the best ingredients, but in this instance we have noticed that the price difference is just that--a price difference, not a quality or flavor difference.*